

# HOMEMAKER PROGRAM SERVING HUDSON COUNTY RESIDENTS

### HOME CARE SERVICES FOR ELDERLY AND SPECIAL NEEDS ADULTS WITH FUNCTIONAL LIMITATIONS

Everyone enjoys a clean home and someone to help now and then, but for the elderly or disabled, even simple housekeeping tasks can become unmanageable. An untidy home can give to feelings of depression, isolation, and hopelessness- it can even be dangerous, increasing the risk of injury or illness. And it may also be the first sign your loved one is struggling and needs extra help at home.



## SERVICES OFFERED

Laundry and changing bed linens

Ironing

**Grocery Shopping and Errands** 

**Meal Preparation** 

Light Kitchen cleaning and organization (including checking expiration dates)

Light Cleaning

Vacuuming and Sweeping

Eliminating tripping hazards and safe proofing the home

Companionship

Picking up prescriptions

**Basic Grooming** 

#### INCOME GUIDELINES

Family Size (1) \$2,265 Family Size (2) \$3,051

The maximum amount you can have in your bank account is \$30,000 for a single individual or \$50,000 for a couple.

Yearly Amount Represents 200% of the 2021-2022 Federal Poverty

Index (1) person \$27,180

(2) person \$36,620

#### HOW DO I APPLY?



A referral is also an option if you know someone else who would benefit.

### CONTACT US MONDAY THROUGH FRIDAY - 8:30AM - 4:15PM.

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