# I AM A PERSON NOT A MENTAL HEALTH PROBLEM

Are you or a family member experiencing the signs and symptoms of a mental illness?

Do you feel you are in crisis?

Help is available 24 hours a day, 7 days a week:

RWJBarnabas Health Psychiatric ER (201) 915-2100 or (866) 367-6023



Thomas DeGise County Executive

# **Board of Commissioners**

Darice Toon Health and Human Services Director

> Robin F. James Division Chief

Kayla R. Hanley Mental Health and COSSAP Administrator Hudson County Department of Health and Human Services Division of Mental Health and Addiction Services



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<u>Contact:</u> (201) 369-5280 ex. 4250 or 4254

Email: Rjames@hcnj.us or Khanley@hcnj.us

Fax: (201) 395-5660



# **OUR MISSION**

The Division on Mental Health and Addiction Services works closely with the State Division of Mental Health and Addiction Services (DMHAS) to monitor and oversee the provision and deliverv of mental health services for Hudson County The Division residents. provides oversight and guidance to community providers to ensure residents are able to access the mental health system with ease and continuity as they transition through the continuum of care. Through these efforts, the Division serves to protect, assist and empower people with mental illness while promoting wellness, recoverv and consumer choice.

# SERVICES WE PROVIDE

#### MENTAL HEALTH BOARD

The Division convenes the Hudson County Mental Health Board which is comprised of appointed Hudson County consumers, service providers and other community stakeholders. The Board is responsible for planning, organizing and monitoring the mental health system of care by making policy recommendations to the State Division of Mental Health and Addiction Services regarding the needs of Hudson County residents.

# INFORMATION & ASSISTANCE

The Division provides residents with information and linkages to mental health services within Hudson County. Linkages to community resources and advocacy towards resolving grievances with community providers may also be provided.

## DISASTER RESPONSE CRISIS COUNSELORS

The Division recruits for, manages and deploys the Hudson County Disaster Response Crisis Counselor program. This initiative is comprised of volunteer mental health professionals who respond to the community's mental health needs after an emergency or disaster.

## CRISIS INTERVENTION TEAM (CIT)

The CIT program is a collaboration of County based professionals committed to improving their local County's law enforcement system and the mental health system's response to persons experiencing a psychiatric crisis. The Division, in conjunction with the Hudson County Prosecutor's Office. conducts CIT trainings for law enforcement and mental health professionals based upon а nationally acclaimed best practice pre-booking jail diversion model.